



New regulation treatment!  
Scientifically proven.  
Worldwide Patents!

UNIQUE  
WORLDWIDE!

:: Yes to BEMER.

YES TO HEALTH,  
HEALING AND PERFORMANCE.



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In a word.

Vitality, performance capacity, health. Precisely how important personal wellbeing is, becomes clear, at the latest, when it is in jeopardy. We don't want to give you our promise. We want to keep our promise: We would like to introduce you to an application that will help you maintain your health and prevent illness: BEMER. Underlying the ultra-effective stimulation of the restricted or impaired microcirculation in the body is a proven, efficient, multi-dimensional signal structure. This stimulation activates the self-healing powers, thus assisting in vital bodily regulatory processes.

Two eight-minute sessions per day are sufficient, in conjunction with the sleep programme, to boost your performance capacity and vitality, and to play an important role in enhancing your health. Act now. And get to know the most researched and most effective physical treatment method currently used in complementary and preventative medicine. Welcome to BEMER.



## The significance of microcirculation.

Microcirculation is the most important part of the human circulatory system in terms of function, and takes place in the finely and extremely entwined network of the smallest blood vessels. Here it fulfills vital transport functions: it supplies the tissue and organs

with oxygen and nutrients, disposes of metabolic end products and boosts the immune system. A restricted or impaired microcirculation leads to faster ageing of the cells and is the cause of many disorders and illnesses.



CHART :: Correct supply to and cleansing of the cells equals health.



## The human organism.

- >> The human heart pumps around 15,000 litres of blood through our body daily. The BEMER therapy ensures that the blood and its components are better distributed.
- >> 21 sextillion (21,000,000,000,000,000,000,000) metabolic reactions take place in our body every second. BEMER technology provides significant support in the flow of these vital processes.
- >> Medical text books describe over 45,000 illnesses worldwide. BEMER technology helps relieve, prevent and heal many illnesses.

IMAGES :: **Microcirculation: Complicated regulation mechanisms in a closely entwined network of the smallest blood vessels.**



IMPAIRED MICROCIRCULATION (BELOW LEFT) ::  
**The cause of numerous illnesses.**

GOOD MICROCIRCULATION (BELOW RIGHT) ::  
**Basis for health and performance capacity.**



# Threats to microcirculation.

Microcirculation, too, follows the general rule of life and deteriorates with increased age. This process is however accelerated in many people due to damaging environmental influences, bad eating habits and an unhealthy lifestyle. Air pollution, environmental toxins, noise, stress, aggression, depression, lack of sleep and movement, an unhealthy or unbalanced diet, nicotine, alcohol or drugs can have an extremely negative impact on the microcirculation. The result: weakening of the immune system, higher risk of falling ill to infections, lack of protection against free radicals, reduced performance capacity, disorders, impaired healing processes in case of illness and during illness.

IMAGES :: **Healthy living – an important foundation for remaining healthy.**



## Free radicals.

Free radicals are aggressive oxygen bonds in the body that attack the natural processes, impact on the ageing process in the brain and may be responsible for rheumatic diseases, cancer and cardiovascular diseases, to name a few.



## Stress.

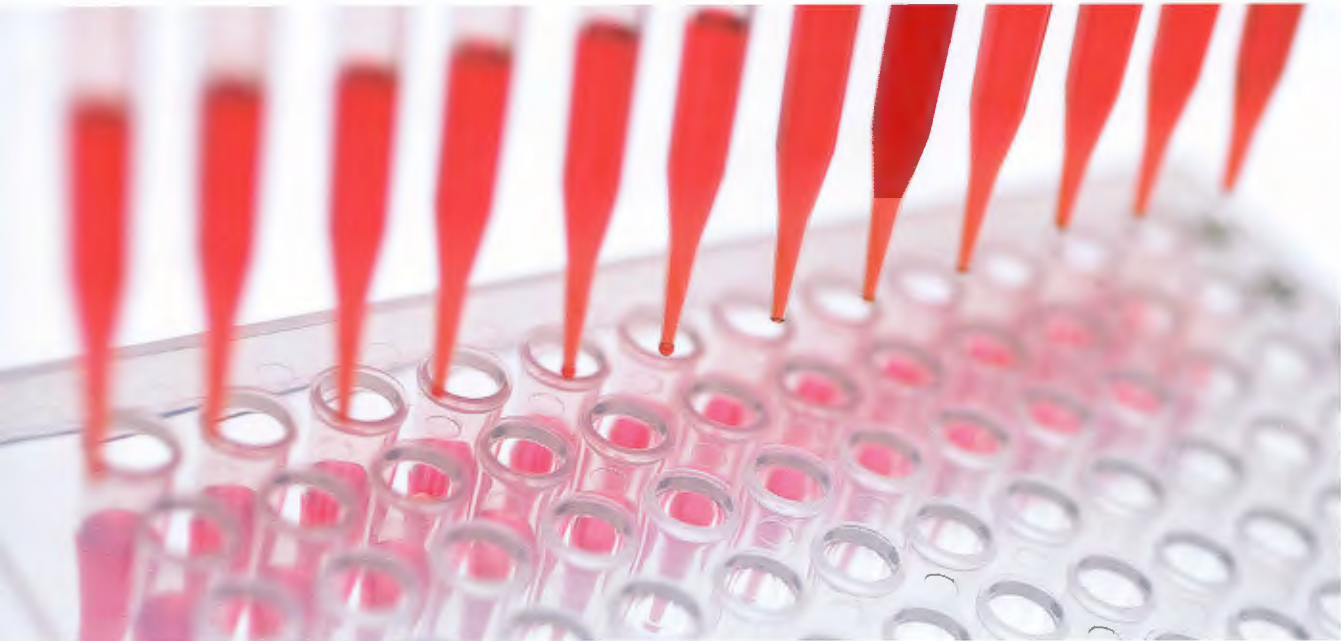
Be it at work, at home, in the family, due to the environment or even in leisure time: stress results in illness. It impacts on the state of the body and can cause the most diverse negative effects. Stress can lead to an increased concentration of adrenaline, noradrenaline or cortisol in the blood, which in turn causes long-term damage to the blood vessels. Furthermore, the results of various studies show that psychosocial stress is a risk factor for cardiac diseases.

## The immune system.

The immune system is a complex network in the body that protects us from approx. 90% of all infections and many other potential risks to our health by means of "mobile intervention troops", in coordination with a sophisticated defence system. Attacks from bacteria, viruses, tumour cells, toxins, worms or fungi, for example. The white blood cells, so-called leucocytes, form a part of this complicated defence system. They occur virtually in the entire body and, in the event of an infection or other attacks on our health, are controlled by information proteins or messengers. Despite this power of resistance, the immune system itself is also not impervious to attack. Diseases and infections affect it in the same way as do environmental toxins, poor diet, drugs, alcohol, lack of sleep or too much stress.

# What is BEMER technology?

Many years of work has resulted in BEMER research making ground-breaking findings on the biorhythm of local and primary regulatory processes associated with microcirculation. The core of BEMER technology is a multi-dimensional signal structure that effectively stimulates restricted or impaired microcirculation.



## This is how BEMER works.

- >> Reduced susceptibility to infections
- >> Strengthened immune system
- >> Improved supply to and cleansing of organs and tissue
- >> Improved protection from free radicals
- >> Reduced consequences of stress
- >> Support in the healing of wounds and sports injuries
- >> Positive influence on cholesterol values
- >> Increased performance capacity and maximum training intensity
- >> Shorter regenerative periods during sports training
- >> Improved fitness and smaller risk of sports injuries





## Good reasons for the best technology.

Maintain health, boost healing – a promise made by many and kept by only a few. BEMER technology represents the most researched and most effective physical treatment method used in complementary and preventative medicine today. Based on intensive research, the two new B.BOX controllers are now available with innovations that no other manufacturer in the market

is currently able to offer. The current BEMER technology simultaneously stimulates the local and primary circulation of the organs. The new special and worldwide unique signal configuration for day as well as for night ensures increased effectiveness and duration.

### Constriction.



CIRCULATION REGULATION :: Constriction of the blood vessel leads to reduced circulation.

### Relaxation.



CIRCULATION REGULATION :: Active use of smooth musculature extends the vessels, resulting in improved circulation.



## Revolutionary sleep programme.

Latest research has shown that blood is redistributed throughout the organism during the night, which means that the immunological processes occurring while sleeping at night play a much more significant role than was previously assumed. Special signal configurations

for sleeping were consequently developed in addition to the day treatments. The regulatory and regenerative processes in the body are of great importance to persons undergoing rehabilitation, the elderly or persons susceptible to infections in particular.





## Effect of the sleep programme

- >> General improvement of treatment efficacy
- >> Reduced susceptibility to infections
- >> Increased stimulation of regenerative and restorative processes
- >> Increased deacidification of the body

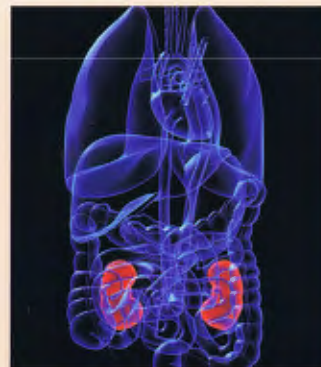


### ACTIVE PHASE

Latest research findings have shown that the blood is redistributed in the organs during the regenerative hours and that the immunological processes occurring during this time play a much more significant role than was previously assumed.

During the active phase, the blood is used in different locations in the body than during sleep.

### REGENERATIVE PHASE



The blood is redistributed to the organs during the regenerative phase.

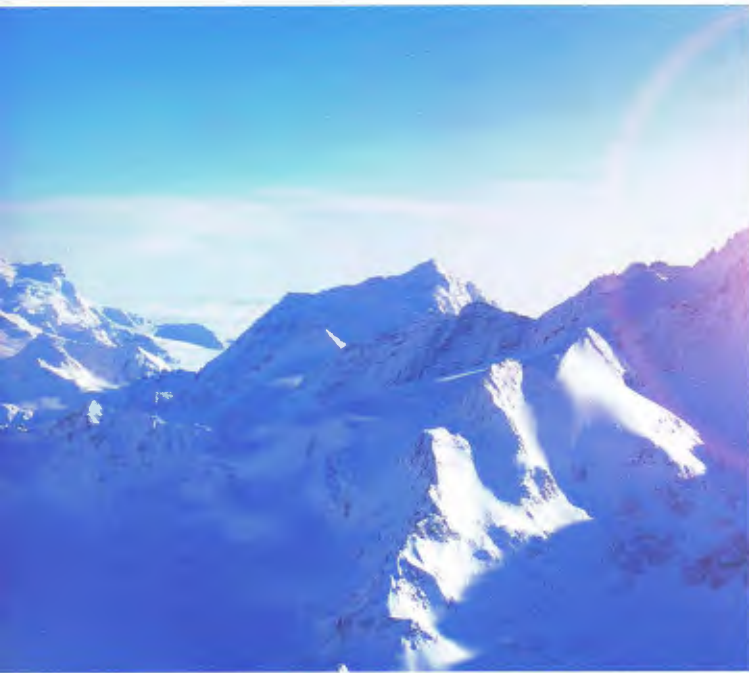




## Who benefits.

The BEMER therapy stimulates circulation of the smallest blood vessels and improves supply to and cleansing of the organs and tissue. A wide cross-section of the population including all age groups can reap the benefits.





## Leisure and sport.

The positive effect of BEMER technology on health and the considerable improvement in sleep enhance the general wellbeing and performance capacity – and as such also the quality of life. What better prerequisites to have for embracing and enjoying all leisure activities even more?

## BEMER in sports.

Be it amateurs or professionals – BEMER also impresses with top performance in sports. The BEMER therapy provides the metabolic support for increased performance, assists in energy-saving warming up and down (thereby reducing the risk of sports injuries), increases

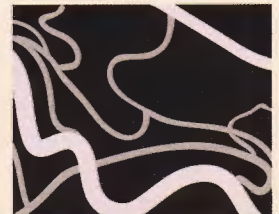
the reaction capacity, enables faster regeneration and consequently more training sessions. It is for good reason that the Swiss Olympic team has also relied on BEMER technology for many years, as have many amateur sportsmen and women and world-class athletes.



BEFORE



AFTER



Even after short treatment periods, a significant improvement can be seen in the circulation of the smallest blood vessels.



IMAGES :: An organism that is constantly supplied with sufficient nutrients and oxygen has the best possible prerequisite for maintaining the highest degree of physical youth.

## Health prophylaxis.

An impaired microcirculation leads to accelerated ageing of the cells and can be the cause for many diseases and illnesses. These processes can be effectively counteracted by regular BEMER therapy.



## Complementary treatment during illness.

The BEMER therapy boosts the immune response, activates self-healing power and supports the body during the healing process of sores and injuries. A wide performance range that, when used as complementary treatment, can significantly improve treatment success for many indications and is thus also being used by a continually growing number of doctors' and therapeutic practices.



IMAGES :: **BEMER** helps restore and maintain health.



IMAGE TOP :: **Improved concentration**  
through improved microcirculation.

IMAGE RIGHT :: **Professional success**  
through increased performance capacity.





# Studies, qualification and vocation.

Learning situations while studying or qualifying, in particular, require utmost concentration capability and mental performance. BEMER also stimulates the micro-circulation in the brain and in so doing optimises the mental capacity. Many professions demand these capabilities as well and more often than not also require a high degree of fitness, physical performance capacity and resistance. By improving the immune response and decreasing the consequences of stress in particular, the BEMER therapy plays a vital role here.

IMAGE :: Today's performance-oriented society demands mental fitness and resistance.



## For at home and on the road.

The BEMER therapy distinguishes between two basic types of treatment. The application module B.BODY is normally used for the general full-body treatment. One to two treatments per day in conjunction with the sleep programme are sufficient to enhance general health and as preventative health care.

SWISS  ENGINEERED



IMAGE :: BEMER Pro Set.

## The BEMER products.

BEMER products are carefully constructed and perfectly adjusted to each other. Meaningful accessories, such as the car adapter or rechargeable battery also allow for mobile use. Be it inside or outside, during leisure time, on a busi-

ness trip or during sports – everything you could ever wish for from BEMER in your day-to-day life is already contained in the product idea.

<b>B.PAD</b>	Flexible application module for treatment of small areas
<b>B.BODY Classic</b>	Application module for full-body treatment
<b>B.BODY Professional</b>	Application module for full-body treatment in a premium design

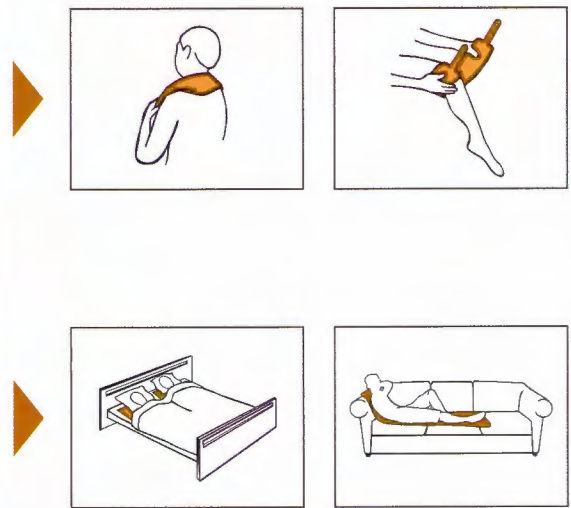
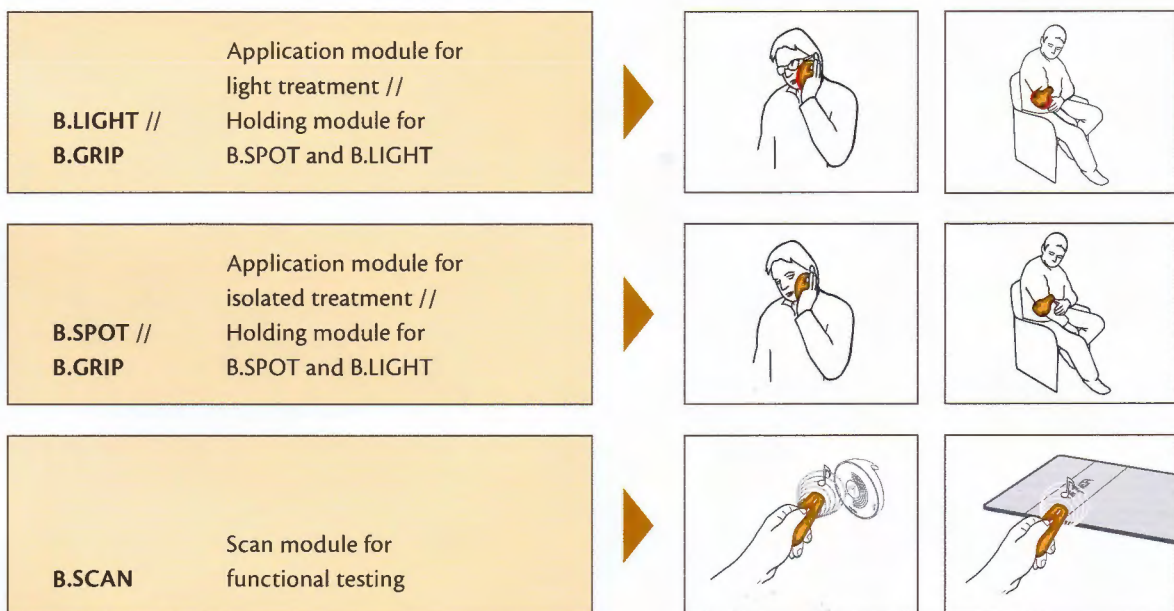




IMAGE :: BEMER Classic Set.

Special application modules, such as B.SPOT or B.PAD are available for targeted and intensive treatment of individual

body locations. Depending on the requirement, these special treatments are up to 20 minutes long.



**CLASSIC SET** Superior even in the basic equipment!

The Classic Set is the perfect way to start off with BEMER technology without compromising performance. The simple, clear and intuitive operating design is a highly developed and ergonomically optimised

continuation of the brand's tradition. The Classic Set provides the same basic programmes and treatment options as the Pro Set, but comes in a smaller equipment package.

**PRO-SET** Top technology in top equipment!

The Pro Set is an all-inclusive package for the demanding user who is not prepared to dispense with anything. Not only does it impress with its exceptionally high operating convenience in the form of a multi-touch display, it also boasts feature high-

lights such as an integrated software tool for creating indication-specific programmes, a technological architecture that protects your investment and, of course, 2-in-1 functionality.

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SCOPE OF DELIVERY		CLASSIC SET	PRO SET
BEMER TECHNOLOGY	B.BOX Classic/B.BOX Professional	● / -	- / ●
	Sleep programme	●	●
	3 predefined programmes	●	●
	10 intensity levels	●	●
	2 ports for 2 application modules (magnetic connection)	●	●
	Card slot	●	●
	Graphic display / multi-touch display	● / -	- / ●
	3-level tilting function	●	●
	B.SCAN	●	●
	B.BODY Classic/B.BODY Professional	● / -	- / ●
	B.GRIP	●	●
	B.SPOT	●	●
	B.LIGHT	optional	●
B.PAD	optional	●	
ACCESSORIES	Fixing strap (for B.BODY & B.GRIP)	●	●
	Power supply unit	●	●
	Car connection cable	optional	●
	Wall mounting	optional	●
	Foot protection	optional	●
	Protection glasses	optional	●
	Rechargeable battery	optional	optional



Art. Nr. 710202



B.BOX CLASSIC	B.BOX PROFESSIONAL
<b>Graphic display</b>	<b>Multi-touch display</b>
<b>3 predefined programmes</b> for intensive treatment of individual regions	<b>3 predefined programmes</b> <b>for intensive treatment of individual regions</b>
<b>10 intensity levels</b> for treatment according to basic plan	<b>10 intensity levels</b> for treatment according to basic plan
<b>Sleep programme</b> – Regeneration programme with 3 fixed time levels	<b>Sleep programme</b> – Regeneration programme with time control and alarm clock function
<b>Dual Control</b> – Simultaneous use of 2 B.BODY application modules in day mode and in sleep programme possible	<b>Dual Control</b> – Simultaneous use of 2 B.BODY application modules in day mode and in sleep programme possible
	<b>2-in-1 functionality</b> – Time-independent control of 2 identical or different application modules possible
	<b>Edit mode</b> – Software tool for creating individual indication-specific programmes (9 storage locations)

## BEMER. Head start through research.

Since 1999 we have been active in the market with great success. During this time we have not only been able to establish BEMER as a global synonym for an extremely effective physical treatment process, but more importantly, we have also been able to provide the necessary basic research for this. In collaboration with leading scientists, doctors and institutes, BEMER research has made ground-breaking findings in the area of microcirculation and its impact, findings that are protected in numerous patents. We have yet again managed to increase our technological head start through our new and multi-dimensional signal structure and as such convincingly underline our claim to market and technology leadership. A wide range of unique, competition-free BEMER products without side effects is now available on the market. Numerous independent studies confirm the high efficacy of BEMER technology, which explains the daily growing number of enthusiastic users.



BEMER Partner: